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Abstract: Although there are innovations in the treatment of diseases caused by fungi and medicines with multiple targets have been developed, the search for a drug with a broad spectrum and without any side effects continues to date. It is generally accepted that determining the cellular target responsible for the toxic effect opens up new possibilities for the development of new drugs. Especially the effects of antifungal agents on the surface components of the fungal cell, on cell wall synthesis and the identification of the target site are crucial in antifungal drug development. Thus studies on the fungal cell membranes in connection with the antifungal agents, aim to develop new strategies for the therapy of fungal infections. Antifungal agents targeting fungal cell wall and cell membrane components have increased in importance in clinical studies. In this study, understanding the mechanism of action of benzyl alcohol, a known membrane fluidizer, and the determination of its cellular targets are aimed. We have shown that in the presence of sorbitol, the osmotic stabilizer, benzyl alcohol becomes less effective against yeast cell. Moreover, benzyl alcohol disrupts cell membrane, causing leakage of ions to the extracellular medium. Nuclear membrane is distorted upon treatment of yeast cells with benzyl alcohol.

Keywords: Benzyl alcohol, Cell wall, Cell membrane, Yeast, Antifungal activity.

INTRODUCTION

The fungal cell wall, located at the outermost part of the cell, is solid and flexible and is the interface between cell and surroundings. It is a versatile structure that enables the cell wall to control cell secretion and uptake in order to maintain intracellular osmotic balance, protect the cell from the environment, transform the nutrients taken into metabolizable form and maintain cell shape [1-3]. Considering the components that make up this structure, glucan [β-(1,3)-D-glucan, β -(1,6)-D-glucan], chitin and mannan proteins, are essential for the life cycle of the fungus. There are antifungal agents that inhibit the fungal cell wall by targeting glucan, chitin, and mannan proteins [4-8]. In consequence of the fungal cell wall becoming resistant to antifungal agents, the causes of this resistance have been investigated and new treatments have been developed [9-14].

The cell wall of yeast and different types of fungi is a solid structure that provides mechanical conservation and backing the inner osmotic pressure of the cell. The cell wall ensures the integrity of cell form in the cell's growth, division, and formation of a large number of cell types and is therefore highly flexible [2]. And besides, the cell wall has a dynamic structure that can comply with physiological and morphological changes, *e.g.* ion exchange and filtration, antigenic expression, etc. The fungal cell wall is mainly composed of polysaccharides and glycoproteins. To form the cell wall, fungal cells must either synthesize the wall components in the plasma membrane or transfer the components outside the cell and join them outside the cell. Cell wall components vary according to fungal species. The cell wall consists of mannoproteins, alpha-beta glucans and chitin, which are the three essential polysaccharides.

In this study, we set out to determine cellular target of benzyl alcohol, a known membrane fluidizer, on *Saccharomyces cerevisiae* cells [15]. For this purpose, we studied possible defects in the yeast cell wall, cell membrane and nuclear membrane structures upon treatment with benzyl alcohol. We believe that, these studies on the fungal cell membranes in connection with the antifungal agents, opens up new possibilities for the therapy of fungal infections.

MATERIALS AND METHODS

Strain Constructions and Growth Conditions

YPH499 (*MATa ura3-52 lys2-801_amber ade2-101_ochre trp1-* Δ 63 *his3-* Δ 200 *leu2-* Δ 1) [16] was used as the Saccharomyces cerevisiae strain in all experiments. Typically, cells were grown in yeast extract peptone glucose medium (YPD) at 25 °C and then precultured in YPD medium for 24 h. 100 µL of inoculum was added to 10 mL fresh YPD medium, and the main culture was grown until it had reached the early exponential phase.

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Minimum Inhibitory Concentration (MIC) Measurement

The minimum inhibitory concentration (MIC) measurement was performed in similar procedure with our previous study [15]. S. cerevisiae cells were cultured overnight at 25 °C in YPD broth and were suspended in YPD to give a final density of 1×10^{6} CFU/mL. Benzyl alcohol dissolved in dimethyl sulfoxide (DMSO) were prepared at different concentrations and put in 24-well microtiter plate. After that, S. cerevisiae cells were added to each well, separately. Suspension of yeast cells in the medium without benzyl alcohol and yeast cells in the medium with only DMSO were tested as controls. 24-well microtiter plates were incubated at 25 °C. The MIC was determined after 24 h according to the control fungal growth and further confirmed after 48 h. Viability of yeasts was deduced based on turbidity.

Extracellular Conductivity Measurement

The permeability of S. cerevisiae cell membranes is expressed in terms of their electric conductivity. After overnight incubation of yeast cells at 25 °C in 20 mL of YPD, the cells were centrifuged at 3200 rpm for 5 min and pellet was washed twice with sterilized dH₂O. The pellet was then resuspended in sterilized dH₂O. About 200 mg wet weight of S. cerevisiae cells were used for each experiment. 5 mM and 10 mM of benzyl alcohol dissolved in DMSO were added to the above resuspended solution at zero point. Extracellular conductivity was recorded every 5 min with an AD 31 Waterproof EC/TDS tester (Adwa, HUNGARY). In order to assess whether treatment with benzyl alcohol caused statistically significant changes, analyses were performed on the slopes of the regression lines plotted using each data set [17]. The slope of extracellular conductivity regression line for 10 mM of benzyl alcohol treated yeast cells is statistically significant from the slope derived from extracellular conductivity of untreated cells (P, 0.05).

Sorbitol Protection Assay

To assess whether the cell wall is the target of active compounds, MIC values were determined by the standard procedure described above in the absence and presence of 0.8 M sorbitol [18]. Plates were incubated at 25 °C and read after 48 hrs. MICs were defined as the lowest concentration of benzyl alcohol capable of visually inhibiting the fungal growth.

Ergosterol Effect Assay

To assess whether the benzyl alcohol bind to fungal membrane sterols, the MIC value was determined by

the method described above in the absence or presence of various amounts (0, 50, 100, 150, 200 and 250 μ g/ml) of ergosterol [18]. The plates were incubated at 25 °C for 48 hours and analysed. This binding assay reflected the ability of the benzyl alcohol to bind to ergosterol.

Fluorescence Microscopy

Still images of non-fixed cells in growth medium were acquired at room temperature with a wide-field epifluorescence microscope (Axio Imager.A1; Carl Zeiss Microlmaging) equipped with 100x NA 1.45 oil immersion objective (Plan-Fluar: Carl Zeiss MicroImaging), a Cascade:1K camera (Photometrics) Metamorph software (Universal and Imaging). Photoshop (Adobe) was used to mount the images and to produce merged colour images. No manipulations other than contrast, brightness and colour balance adjustments were used.

RESULTS

Fungal Cell Wall is Compromised by the Action of Benzyl Alcohol

We have previously reported antifungal activities of various terpenoids as well as benzyl alcohol against yeast *Saccharomyces cerevisiae* [15]. Benzyl alcohol was shown to be effective against yeast cells (Table 1). In search for possible targets of the benzyl alcohol, we first focused on the cell wall.

The fungal cell wall is a crucial barrier for morphogenesis and serves in protection of cells against environmental stresses, particularly external osmotic changes. Thus, disruption of the cell wall induced by antifungal agents is one of the main causes of fungal death [19, 20]. Sorbitol is an osmotic stabilizer and the sorbitol protection assay was performed to unearth any effect of benzyl alcohol on the integrity of the fungal cell wall. Our results demonstrate that the benzyl alcohol MIC value increases in the presence of osmotic stabilizer sorbitol (Table 1), which suggests that the benzyl alcohol treatment compromises fungal cell wall.

Table 1: Antifungal Activity of Benzyl Alcohol in the Presence and Absence of Sorbitol

	- Sorbitol	+ 0.8 M Sorbitol
MIC	5.0-10.0 mM	>20 mM

Benzyl alcohol was mixed with DMSO to increase solubility. DMSO level did not exceed 1% in all cases. MIC measurements were repeated three times.

Cell Membrane Integrity is Disrupted by Benzyl Alcohol

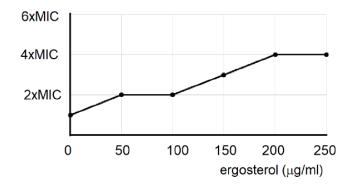
We have previously reported our results on the increase of extracellular conductivity of yeast cells upon treatment with benzyl alcohol [15]. In order to observe the immediate effect on the membrane integrity of yeast cells, we treated them with 5 mM and 10 mM of benzyl alcohol for 30 min, and measured extracellular conductivity with 5 min intervals (Figure 1a) [15].

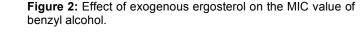
In order to show that the effect of 10 mM benzyl alcohol treatment is statistically significant than the control, regression lines were plotted for each data set [17]. The formula for the regression line for the control (where no benzyl alcohol is added) was found to be y=0,0976x+1,2976. The formulae for the benzyl alcohol treatments are as follows: 5 mM benzyl alcohol y=0,1524x+1,4762; and 10 mM benzyl alcohol y=0,3643x+1,1071. The slopes of the regression lines are shown on the bar graph (Figure **1b**). We conclude from this data that 10 mM benzyl alcohol caused disruption of cell membrane integrity and ion leakage from yeast cells statistically significant from the control cells.

Benzyl Alcohol Act on Cell Membrane by Binding to Ergosterol

The fungal cell membrane is a dynamic structure composed of a lipid bilayer where enzymes and

transport proteins are embedded. Ergosterol, the lipid steroid of fungal cell membrane, functions as an important regulator of membrane fluidity. Therefore, ergosterol and enzymes of the ergosterol biosynthetic pathway are important targets of antifungals [21]. Possible role of ergosterol on the action of benzyl alcohol was studied by the ergosterol effect assay. In this assay, the efficiency of the antifungal agent was determined in the presence of added exogenous ergosterol. If the compound under consideration acts on fungal cell membrane via binding to the ergosterol, it will mostly bind to the exogenous ergosterol, and this will retard its binding to the membrane bound ergosterol; resulting in a decrease in its antifungal activity and a corresponding increase in its MIC value [18]. In our study, when exogenous ergosterol was added to the growth medium, MIC for benzyl alcohol increased by 2-4 fold (Figure 2), suggesting that the ergosterol binding is a crucial step for benzyl alcohol action on yeast cell membrane.





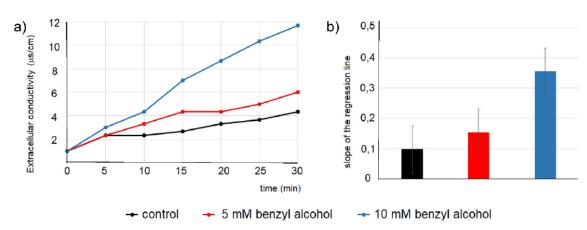


Figure 1: a) Effect of benzyl alcohol on the extracellular conductivity of *S. cerevisiae* cells. Control corresponds to the measurements performed with no compound added. Point zero indicate the time of addition of the benzyl alcohol. The data represent the average of at least three independent experiments. **b**) The slopes of the regression lines of the extracellular conductivity measurements shown in (**a**).

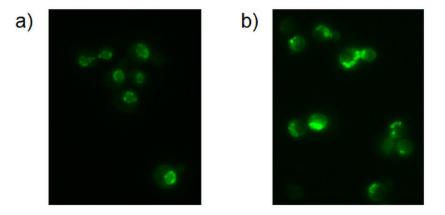


Figure 3: Nuclear envelope phenotype of benzyl alcohol treated cells. **a**) Yeast cells were transformed with pRS315-GFP-*NUP49* and analyzed by fluorescence microscopy. **b**) Yeast cells, transformed with pRS315-GFP-*NUP49*, were treated with 1% benzyl alcohol for 15 min and analyzed by fluorescence microscopy.

Nuclear Membrane is Distorted Benzyl Alcohol Treated Yeast Cells

We also wanted to observe any effect of benzyl alcohol on the organelle membranes of yeast cells. Visualization of the nuclear membrane by means of labelling the Nup49 protein, a protein in the structure of nuclear pore complex that is embedded to the nuclear membrane, with GFP revealed that yeast cells had highly deformed nuclear membranes (Figure 3).

contributing to the antifungal activity of benzyl alcohol. As a future goal, we aim to investigate the consequences of these inner and outer membrane distortions. Especially, any defects in the transport through the distorted nuclear membrane will be studied in detail.

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No funding was received.

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DISCUSSION AND CONCLUSION

We have previously shown benzyl alcohol to be active against S. cerevisiae cells [15]. In this study, we focused on the possible cellular targets of antifungal agent benzyl alcohol, a known membrane fluidizer. We have shown that presence of sorbitol in the extracellular medium decreases antifungal activity of benzyl alcohol. Sorbitol is an osmotic protectant and it is expected that the MIC of a compound that damages the cell wall will shift to a much higher value in the presence of this osmotic support. Thus our sorbitol protection assay result suggests that the yeast cell wall is affected by the action of benzyl alcohol (Table 1). Additionally, disruption of cell membrane integrity upon benzyl alcohol treatment was shown by the leakage of ions from cells demonstrated by the increase of extracellular conductivity (Figure 1). We have also shown that ergosterol binding is crucial for the action of benzyl alcohol on yeast cell membrane (Figure 2). Moreover, yeast nuclear membrane is morphologically distorted by the action of benzyl alcohol (Figure 3).

In summary, our study revealed that benzyl alcohol acts on yeast cells via multiple membranous targets; each having vital roles for the cell and thus perhaps

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